



Rooted in our natural capacities as human beings to act on our concern for another person, *Companionship* is a relational response to isolation and distress, supportive of healing and recovery.

**2021 Pilot Virtual Companionship Workshop**

The Workshop is offered in three 1.5-hour sessions via Zoom  
Participants **MUST** register and **Attend ALL 3 Sessions\***

Wednesdays: June 2, 9, 16 | 7 - 8:30 p.m.

**REGISTRATION Deadline: May 21, 2021**

Register Here: [bit.ly/JuneCompanionship](https://bit.ly/JuneCompanionship)

Questions: [mentalhealth@chicagopresbytery.org](mailto:mentalhealth@chicagopresbytery.org)

**\*Workshop capacity is limited to 15.**

Participants in the Companionship Workshop will gain the knowledge, skills, and confidence to move out of transactional engagement and into genuine relationships with people in need through the embodiment of the Five Practices of Companionship.

**Workshop Facilitators: Barbara Gorsky & David Thornton**  
**Workshop & Materials Sponsored by the Mental Health Committee of:**



*The Companionship Movement* is a program of Pathways to Promise  
For more information visit [www.thecompanionshipmovement.org](http://www.thecompanionshipmovement.org)